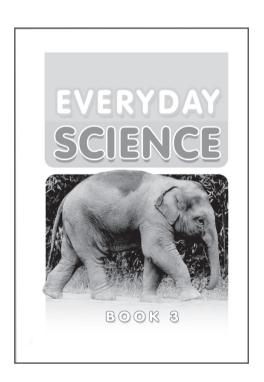
EVERYDAY SCIENCE

TEACHER'S GUIDE 3



Author: Afaf Al-hajjar

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Introduction

Children want to know things. Early guidance and varied experiences do much to stimulate the development of their natural intelligence.

A teacher can play a very important role in arousing the interest of students by allowing them to discuss facts and ideas. The teacher can then help students draw conclusions from these facts and ideas as to why and how things happen.

The teacher can stimulate the thinking process of students by asking questions and encouraging them to ask their own.

Experiments allow students to test the facts that have been learnt by them for themselves, thereby clarifying the reasoning behind the activities that are done in class.

This course has been developed to provide information about the world around us, on which students can base their opinion, verify information, come to conclusions, and use the knowledge they have gained in their everyday lives. It will help gain and maintain the curiosity and enthusiasm of students who have just started studying science. Concepts developed concepts at this stage will be of use later in their studies at an advanced level. It will help them develop a better outlook on life.

About the Pupil's Book:

This science series, now completely revised, has been written especially for primary level students. It provides information suitable for each student's level of understanding and has a direct appeal to students who need engaging and easy to read material. Baring in mind the interests, abilities, curiosities, and needs of student, it provides stimulating learning experiences that offer enjoyable educational motivation, thus serving as a foundation base for future learning.

The keyword in science is curiosity. The material in this series is designed to create in a child the same urge that motivates a scientist; the desire to know the answer to a question. A wide range of topics were carefully selected that will interest and inspire students.

Teachers will come to see that this series deals with those broad areas about which, most students frequently express curiosity; that it provides answers to many of the questions they ask, and offers new and exciting information in many fields.



The language is simple and easy to read, catering for the students range of abilities in each grade. Together, the text and illustrations motivate children todiscuss, question, and explore.

The contents have been selected and presented in such a way as to capture and hold the interest of the students. The objective is to simplify complex ideas and present them in an interesting way. Every effort has been made to keep the language simple.

When it is necessary to use a specialized word, it has been used. When it is not self explanatory within the context, it has been de ned. Clear and well-labelled illustrations have been included, which help identify and clarify the topics that are dealt with.

Good pictures and diagrams arouse and develop interest. These make lasting impressions. They help make the text clear. They also appeal to the child's imagination, while satisfying his their curiosity and often provoke a favorable reaction.

Simple practicals interesting and stimulating presentation of factual materials— offer every chance of successful learning experiences. Knowledge of problem-solving techniques, that if acquired can be applied in everyday life.

It is intended, through this series, to introduce children to many of the interesting and enjoyable things in science they can learn about and do for themselves. The series also intends to develop in them a quest for knowledge and an understanding of how science is shaping the world in which they live.

The role of the teacher:

It is up to the teacher to devise ways and means of reaching out to the students, so that they have a thorough knowledge of the subject without losing interest.

The teacher must use his/her own discretion in teaching a topic in a way that he/she feels appropriate depending on the intelligence level as well as the academic standard of the class.

To the teacher:

With your assurance and guidance the child can sharpen his/her skills. Encourage the child to share his/her experiences. Try to relate pictures to real things. Do not rush the reading. Allow students time to respond to questions and to discuss pictures or particular passages. It will enhance learning opportunities and will enable the child to interpret and explain things in his/her own way.

Introduction

Method of teaching:

The following method can be employed in order to make the lesson interesting as well as informative.

The basic steps in teaching any science subject are:

- (i) locating the problem
- (ii) finding a solution through observation and experimentation
- (iii) evaluating the results
- (iv) making a hypothesis and trying to explain it

Preparation by the teacher:

Be well-prepared before coming to the class.

- (i) Read the text.
- (ii) Prepare a chart if necessary.
- (iii) Practise diagrams which have to be drawn on the blackboard.
- (iv) Collect all material relevant to the topic.
- (v) Prepare short questions.
- (vi) Prepare homework, tests, and assignments.
- (vii) Prepare a practical demonstration.

The following may also be arranged from time to time.

- (i) Field trips
- (ii) Visits to the laboratory
- (iii) A show of slides or films
- (iv) Projects

This common strategy which is easy as well as effective can be adopted:

- (i) Before starting a lesson, make a quick assessment of the students previous knowledge by asking questions pertaining to the topic.
 - Relate them to everyday observations of their surroundings or from things that they have seen or read about in books, magazines, or newspapers.
- (ii) Explain the lesson.
- (iii) Write difficult words and scientific terms on the blackboard.
- (iv) Ask students to repeat them.
- (v) Help students read the text.
- (vi) Show materials, models, or charts.
- (vii) Make diagrams on the blackboard.
- (viii) Perform an experiment if necessary.



- (ix) Ask students to draw diagrams in their science manuals.
- (x) Students should tackle objective questions independently.
- (xi) Ask questions from the exercises.
- (xii) Answers to questions are to written for homework.
- (xiii) The lesson should be concluded with a review of the ideas and concepts that have been developed or with the work that has been accomplished or discussed.

Conclusion:

The teacher can continue the learning process by not only by encouraging and advising the students, but also by critically evaluating their work.

It is not necessary that the lesson begins with a reading of the textbook. The lesson can begin with an interesting incident or a piece of information that gain interest of the students and they will want to know more about the topic.

The topic should then be explained thoroughly and to check whether the students are following or not, short questions should be asked every now and then.

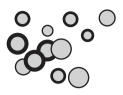
Sketches and diagrams on the blackboard are an important aspect to the teaching of science, but too much time should not be spent on them as the students lose interest. An alternative to drawing on the blackboard is a ready-made chart or one made by the teacher can be displayed in the class. The use of visual material keeps students interested as well as helps them make mental pictures which are learnt quickly and can be recalled instantly. Pupils should be encouraged to draw with the help of the teacher. Diagrams that are not in the text should either be copied from the blackboard or chart, or photocopied and distributed in the class.

Simple experiments can be performed in class. If possible, children may be taken to the laboratory occasionally and shown speciments of plants and animals, chemicals and solutions, and science apparatus, etc.

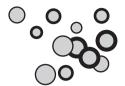
Practical work arouses interest in science. Class activities can be organized in such a way that the whole class participates either in groups or individually, depending on the type of work to be done or the amount of material available.

It is hoped that the above guidelines will enable teachers to teach science more effctively, and develop in their students an interest in the subject which can be maintained throughout their academic years, and possibly in their lives as a whole.

These guidelines can only supplement and support the professional judgement of the teacher but in no way can they serve as a substitute for it.







Living things

Objectives:

To know that many kinds of living things live on the Earth

To know that the Earth is the only planet which has air and water

To know that living things need air

To know that living things need water

To know that living things need food

Teaching strategy:

Show a globe to the class.

Show the continents and oceans.

Explain that the Earth has water and land.

Explain that there is a layer of air around the Earth.

Ask: What do we breathe in?

Explain the gases found in air.

Explain how oxygen is used to make energy for the body.

Ask the students to hold their breath.

Explain the breathing mechanism and its importance.

Ask: Do fish breathe?

Have you seen a fish open and close its mouth in the water. Explain how

a fish breathes.

If possible bring to class a fish in a glass jar.

Ask: How do we breathe?

Explain that all land animals breathe by lungs.



Ask: Do plants breathe?

Explain the position and function of stomata.

Explain that insects also breathe by small holes on the sides of their bodies.

Ask: Why do we drink water? Why do we water plants?

What will happen to a plant if we do not water it for a few days? Explain the importance of water for all living things.

Ask: What is food? Why do we eat food?

Explain the importance of food for all living things.

Explain how green plants make their own food in sunlight.

Ask: Can animals make their own food like plants?

What do animals eat?

Explain the different kinds of food that animals eat.

Explain the terms: herbivore, carnivore, and omnivore with examples.

Ask: What happens to the food that we eat?

Explain the process of digestion.

Ask: Do we use up all the food that we eat?

Explain that excess food is stored.

Explain that excess food is stored as a layer of fat under the skin in animals.

Explain that excess food in plants is stored in seeds, roots, stems, leaves, and fruits.

Answers to Activities in Unit 1

- 1. a) All living things need water and oxygen to live.
 - b) Oxygen helps to burn the food that is inside our bodies. This makes energy. Energy helps living things to move and work.
 - c) Water helps to carry food from one part of the body to another.
 - d) Food is burnt inside the body to make energy.
 - e) All living things need food to stay alive.
- 2. a) Earth
- b) air
- c) gills

- d) lungs
- e) stomatas
- f) water

- g) food
- h) herbivores i) carnivores
- j) omnivores

Unit 1 Living things

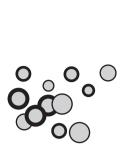
3. a) herbivore d) herbivore g) herbivore j) herbivore	e) carnivo	ore c) or ore f) or ore i) or		
Additional ad	ctivity			
Choose the best	answer:			
a) All living thing	s need water, oxy	gen, and		
	carbon dioxide		[food]	
b) Oxygen helps	to burn the food	inside our bodie	es to make	
waste substa	nces ener	gy food	[energy]	
c) Plants breathe	e through tiny hole	es in their leave	s called	
lungs	gills stor	nata [st	tomata]	
d)	_ of our bodies is	made up of wa	ter.	
	1/2 3/4		/4]	
e)	can make th	neir own food in	the sunlight.	
			[Green plants]	
	eat plants are call			
			s [herbivores]	
			called	
herbivores	carnivores	omnivore	s [carnivores]	
-		•		<u> </u>
in the stomac	h under the s	kin in the kid	lneys [under the sl	kin]
i) Which one of t	the following anim	als is an omniv	ore?	
crow	COW	lion	[crow]	
j) Which one of t	the following is a h	nerbivore?		

hen

cat

sheep

[sheep]







Types of living things: Animals

Objectives:

To know that living things can be classified

To know the different classes of animals

To know that animals can be classified on the basis of having or not having a backbone

To know the classes of invertebrates

To know the characteristics of different classes of animals

Teaching strategy:

Show the students a chart of different kinds of animals.

Ask them to name the animals.

Ask them to divide them into groups of small and big animals.

Ask them to pick out animals with four legs, animals with tails, etc.

Explain that animals look different.

Explain that plants are also of many different kinds.

Explain that living things can be classified into two large groups,

i.e. plant group and animal group.

Give a brief explanation of the difference between a plant and an animal.

Explain that animals can be put into smaller classes.

Ask: Can you name some animals that look like the common cat? Explain that animals can be put into one class if they look alike.

Ask the students to feel their backbone.

Ask: Which other animal has a backbone?

Does a butter y or an earthworm have a backbone?

Explain that animals which have a backbone are put into one group.

Explain the importance of the backbone to an animal.

Unit 2 Types of living things: Animals

Ask: Where does a snail live? Where does a star fish live?

Explain that most invertebrates live in water.

Explain that they have soft bodies, and they do not have a bony skeleton.

Explain the characteristics of invertebrate classes with examples.

Show the students pictures of invertebrate animals.

Draw a butterfly on the blackboard. Label its parts. Count the number of

legs and wings. Show the eyes and feelers.

Explain the parts of the body.

Explain the life cycle of a butterfly and a cockroach with the help of a chart.

Ask: Where does a fish live? Draw it on the blackboard and label it.

Explain how a fish breathes and swims in water.

Explain what a fish eats.

Ask: Does a fish have babies? Explain how a fish reproduces.

Ask: Where does a frog live? Explain what an amphibian is.

Explain the characteristics of an amphibian with the help of a chart.

Ask: What does a frog eat? What is a baby frog called? Explain the life cycle of a frog. Ask: Where does a snake live?

Where do a crocodile and a tortoise live?

Explain the characteristics of reptiles with the help of charts.

Ask: Where do birds live?

What is the body of a bird covered with?

Does a bird have teeth?

Can all birds flv?

Explain the characteristics of birds with the help of charts.

Ask: What does a parrot eat?

What does an owl eat?

Explain how birds use their teeth and claws.

Ask: What is the skin of a rabbit covered with?

What is your skin covered with?

How do you breathe? What do you eat?

Explain characteristics of mammals with the help of charts. Does a cat

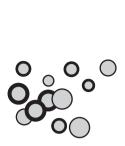


Explain that man	nmals give birth to	babies.		
	nmals give milk to ale is the biggest	their babies. mammal, and the elep	hant is the	
Answers to A	ctivities in Un	it 2		
d) back	b) classes e) soft h) six, four	f) spines		
	b) shell e) gills	c) soft f) on land and in wa	ter	
Additional ac	tivity			
Choose the best	answer:			
living group	animal grou	group called the p plant group	[animal gro	
		of bones can be divide		_ classes .
		5 ater with its		
legs	tube feet	fins		
		otected by		
spines	bones		[a shell]	
worms	crabs	oody and no legs, are o oysters		 -
		gs and		
2, 4	6, 4	4, 6	[6, 4]	
-, -	-, -	-, -	[-, ·]	

lay eggs?

Unit 2 Types of living things: Animals

g) The middle pa	art of an insect's	s body is called		
head	thorax	abdomen	[thorax]	
h) Fish breathe i	in water by their	ſ		
gills	lungs	skin	[gills]	
i) Birds have no				
beak	claws	teeth	[teeth]	
j) An	is ar	n animal that spe	ends part of its life in water a	and
part of it on lar	nd.			
fish	amphibian	reptile	[amphibian]	







Types of living things: Plants

Objectives:

To know that there are many kinds of plants on the Earth

To know that plants grow in different habitats

To know that green plants can make their own food

To know that green plants need sunlight, water, air, and chlorophyll to make food

To know that plants make food in their leaves

To know that some plants do not make seeds

To know that some plants grow from seeds

To know the structure of a flower

To know the functions of each part of a flower

To know how a flower makes seeds and fruits

To know the different kinds of fruits

To know that some plants are not green

To know how non-green plants get food

To know that some plants make cones

To know the kind of cones

To know how seeds grow inside the cones

Teaching strategy:

Show the students a chart of different kinds of flowers. Show the students a specimen of a flowering plant. Explain the functions of each part.

Ask: Where do plants grow? Can plants grow in water? Can plants grow in a desert? Do plants grow on mountains?

Explain the various habitats of plants with examples.

Unit 3 Types of living things: Plants

Ask: What is the colour of the leaves of a plant?

Why are most leaves green?

Explain the presence of chlorophyll.

Explain how plants can make their own food. Explain what a plant needs to make food.

Ask: What will happen to a plant if you do not water it?

What will happen to a plant if you put it in a dark cupboard.

Explain how sunlight, water, and air are necessary for photosynthesis.

Ask: Do all plants have flowers?

Do all flowers make seeds and fruits?

Explain that ferns do not have flowers and fruits. They have sporangia on

their leaves which produce spores.

Explain that spores grow into new fern plants.

Ask the students to name some plants that make seeds.

Ask: Where are seeds made in a plant?

Are tomato and green capsicum, fruits?

Explain that a fruit is a part of a plant that has seeds in it.

Show the students some flowers.

Take the flower apart, and explain the name and function of each part.

Ask: Why do petals have bright colours?

Why do flowers have a scent?

Explain the importance of insects for pollination.

Explain how fertilization takes place and how seeds and fruits are formed.

Ask: What kind of a fruit is a tomato?

What kind of a fruit is a bean pod?

Explain types of fruits and their importance.

Ask: Are all plants green?

Show them a picture of a mushroom, a fungus, and a cuscuta plant.

Ask: Can a non-green plant make its own food?

How can a non-green plant get its food?

Explain how some plants get food from green plants, and how some

plants get food from the soil.

Draw a mushroom on the board and label it.

Explain where it produces spores.

Show the students a pine cone.

Ask: Have you ever seen this?

Where do such trees grow?



Explain that pine trees grow in hilly areas.

two kinds of cones. The seed cone makes seeds, and the pollen cone makes pollen.

Explain that wind pollination takes place, and seeds fall out and grow into new plants.

Answers to Activities in Unit 3

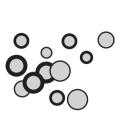
- 1. a) Plants grow in different places. Some in wet, shady places and others in hot and dry place
 - b) Plants need air, water, and chlorophyll to make their food.
 - c) Spores grow and make new plants.
 - d) Seeds are made in flowers in seed-bearing plants.
 - e) The two kind of cones are called seed cones and pollen cones.
- 2. a) bee, pollen, carpel
 - b) tube, ovule, seed, fruit

Additional activity

Choose the best ans	swer:			
a) Plants like the cad	ctus grow in			
wet shady places	hot and dry places	water	[hot an	d dry places]
b) Plants need			to mal	ke food .
air and water	air, water, and chloro	phyll	water and	chlorophyll
[air, water, and ch	lorophyll]			
c) Plants that do not	have flowers cannot	make		·
stems and roots	fruits and seeds	leaves ar	nd buds	[fruits and seeds]
d) Ferns and mosses	s make	_ that can	grow into	new plants.
seeds	spores	pollen		[spores]

Unit 3 Types of living things: Plants

e)	The small gree	n leaves that	cover the bud are	e called
	sepals	petals	carpels	[sepals]
f)	The fruit is mad	de in the lowe	er part of the carp	el called the
	stigma	style	ovary	[ovary]
g)	Plants that are	not green ca	nnot make	·
	flowers	food	fruits	[food]
h)	Some trees do	not have flow	vers and fruits bu	they make seeds inside
	carpels	cones	pods	[cones]
i) N	Aushrooms get	their food fro	m	_ in the soil.
,	water	animals	humus	[humus]
j) F	Plants that grov	v from seeds	are called	
	Seedless plant	s co	ne-bearing plants	seed-bearing plants
	[seed-bearin	ng plants1		







Matter

Objectives:

To know that everything found on Earth is matter

To know that matter takes up space

To know that matter exists in three states

To know the properties of solids

To know the properties of liquids

To know the properties of gases

To know that we learnt about matter with our senses

To know that matter is made up of molecules

To know what a molecule is

To know that different things are made of different kinds of molecules

To know that matter can change its state by heating and cooling

To know that molecules can move

To know that the molecules of a solid are very close together

To know that the molecules of a liquid are not very close to each other

To know that the molecules of a gas are very far apart

To know that the movement of molecules can change the state of matter

Teaching strategy:

Show the students some solids and liquids.

Ask: What are these things made of?

Explain that everything around us is matter.

Put some marbles in a box, some oil in a jug, and II a balloon with air.

Explain that matter takes up space.

Show the students a marble, an egg, a wooden block.

Explain that every solid has a definite shape.

Knock the marble on the table.

Unit 4 Matter

Ask: Is it hard or soft? Explain that a solid is hard. Squeeze the marble in your st.

Ask: Does the marble change its shape?

Explain the properties of solids.

Show the students a glass of water or milk. Shake it. Pour the water into an empty jug.

Ask: Is the liquid hard?

Can it flow?

Does it have a fixed shape? Explain the properties of a liquid.

Ask the students to blow on their hands. Untie an inflated balloon and let the air out.

Ask: Did you see anything? Did you feel anything? Did you hear anything? Explain that air is a gas.

We cannot see it, but we can feel and hear it.

Explain that a gas is also matter but it has no shape. It can move from one place to another.

Put a bottle of milk, orange juice, and a cola on the desk.

Blindfold three students and ask them to taste one each, and tell the class what they have tasted.

Explain that we can know about matter with our senses.

We can see colours, hear sounds, taste, and smell things. We can also feel things.

Crush a piece of chalk in a tissue paper.

Explain that matter is made of tiny particles smaller than the particles of chalk. These tiny particles are called molecules.

Explain that all matter is made of molecules.

Ask: Can you taste salt and sugar mixed in water? Explain that molecules of different things are different.

You can tell the smell of a perfume or food, because their molecules mix with the molecules of air.

Put a glass full of ice cubes on a sunny window.

Ask: What will happen to the cubes after sometime?

Explain that matter can change its form.

Ask: Why did the ice melt?

Explain that heat can change the state of matter.

Light a candle. Explain that wax melts due to heat.

Ask: What happens when we put water in an ice tray in the freezer?

Explain that a liquid can change into a solid by cooling.

Heat some water in a beaker.

Show the students steam coming out.

Ask: What is happening to the liquid?

What is steam?

Hold a cold plate on top of the beaker.

Show the students the water drops that have formed on it.

Ask: What has happened?

Explain that steam changes to water on cooling.

Put some beads in a tin and shake it.

Ask: What is happening to the beads?

What would happen if the tin was bigger?

Explain the movements of molecules.

Explain how molecules slide over each other.

Also explain how molecules bang into each other and push each other apart.

Explain how this causes a change of shape and a change of state.

Answers to Activities in Unit 4

- 1. a) Matter is what all things around us are made out of.
 - b) Matter has three forms.
 - c) We learn about matter with our senses.
 - d) Heat can change a solid to a liquid.
- 2. a) yes
- b) no
- c) no

- d) yes g) no
- 3. a) solid
- e) no
- f) yes

- b) gas e) solid
- c) solid

- d) liquid g) gas
- h) solid
- f) liquid i) liquid

Unit 4 Matter

Additional activity

Choose the best ar	nswer:		
a) All things around	d us are made o	of	
wood	metal	matter	[matter]
b) There are	state	s of matter.	
	2	3	[3]
c) A	has a definite	shape and it is I	nard .
solid	liquid	gas	[solid]
d) A	_ can ow and c	an change its sh	ape.
solid	liquid	gas	[liquid]
e) A	has no shape	and it can move	e from one place to another.
solid	liquid	gas	[gas]
f) The smallest par	rt of matter is c	alled	
an atom	a molecule	an element	[an atom]
g) A solid can be ch	nanged into a li	quid by	it.
cooling	heating	freezing	[heating]
h) Water can be ch	anged into stea	am by	it.
freezing	heating	cooling	[heating]
i) The molecules in			
very far apart	very close to	gether not v	ery close to each other
[very close toge	ther]		
j) A gas has no sha	pe because its	molecules	·
can move about	freely	can slide over	each other
very close togeth	ner	[can move abo	out freely]







Air

Objectives:

To know that the air covers the Earth like a thick blanket

To know that the layer of air is called atmosphere

To know that the atmosphere is 1000 kilometres deep

To know that the atmosphere has many gases

To know the importance of oxygen

To know the importance of carbon dioxide

To know that plants give out oxygen

To know that carbon dioxide is produced by breathing and burning

To know the condition of the air in different seasons

To know that air has weight

To know that air exerts pressure called air pressure

To know that air pressure keeps changing

To know that changes in air pressure affect the weather

To know that winds are caused by changes in air pressure

To know the instrument to measure air pressure

To know how to find the direction of wind and how to measure the speed of wind

Teaching strategy:

Draw a globe on the board.

Outline the atmosphere around it.

Explain the layer of the atmosphere around the Earth.

Explain its importance for living things.

Ask: Can you name some gases in the atmosphere?

Which gas do we breathe in?

Which gas do we breathe out?

Unit 5 Air

Explain gaseous exchange in plants and animals.

Also explain how burning things use oxygen and give out carbon dioxide.

Light a candle and cover it with an empty glass.

Explain what has happened.

Ask: Why did the candle go out?

Explain the importance of oxygen in burning and breathing.

Ask: What is the day like today?

Is it hot or cold?

Why is it hot or cold?

Explain the temperature of air according to the season.

Ask: Do wet clothes dry faster on a sunny day or a rainy day?

Explain the reason for it.

Perform the balloon experiment.

Ask: Which was heavier?

Explain that air has weight and it presses on all things.

Explain that we do not feel the weight of air because we are used to it.

Ask: Why do our ears feel closed up when we go uphill in a car?

Explain changes in the weight of air as we go uphill.

Explain that the air has 'pressure'.

Explain that hot air is lighter and rises, and cold air rushes to take its place.

Ask: What causes wind to blow?

Explain that moving air causes winds, breezes, storms, and hurricanes.

Make a simple barometer as given in the book.

Explain that changes in air pressure can be measured by a barometer.

Also explain how a 'wind vane' helps us to know the direction of the wind.

Help students to make a wind vane out of cardboard.

Explain that an anemometer is used to find the speed of wind.

Answers to Activities in Unit 5

- 1. a) The atmosphere is a huge layer of air all around the Earth. It is made up of many gases, dust particles, and germs.
- b) Oxygen is used by all living things for breathing. It is also used for burning things.
 - c) Green plants use carbon dioxide to make food.
 - d) Air pressure is the way air presses down all things.



2. a) atmospheree) water vapour	b) 1000 f) wind	c) carbon g) breeze	dioxide	d) warm h) gale	i) hurricane
Additional acti	vity				
Choose the best a	nswer:				
a) The layer of air	around the Ear	th is called			
biosphere					ere]
b) The atmosphere					1
1000				[1000]	
c)					breathing and
burning.		•	,	0 0	· ·
Oxygen	Carbon d	ioxide	Nitrogen	[Oxyge	en]
d) All living things					
	Carbon				
e) On a bright sun			-		-
cold					
f) The atmosphere	e is made up of	the following	ng gases		
oxygen, carbo	n dioxide, nitrog	gen			
oxygen and nit	trogen				
oxygen and ca	rbon dioxide [o	xygen, carb	on dioxide,	nitrogen]	
g) The way air pre	sses down on a	all things is	called		
	e mercury			sure [a	ir pressure]
h) Warm air is		cold air			
lighter than	heavier than	as h	eavy or as I	ight as [l	ighter than]
i) The strongest wi	ind of all is calle	ed a			
breeze	gale	hurri	cane	[hurricane]
j) We can measure	e changes in air	pressure b	y an instrui	ment called	a
thermometer	anemomete	r bard	ometer	[barometer]







Water

Objectives:

To know that water is matter

To know that water exists in three forms

To know that water can be changed from one form to another by heating or cooling

To know that there is water vapour in the air

To know how clouds, mist, fog, and snow are formed

To know the water cycle

To know how groundwater is collected

To know how springs and wells are formed

To know how water is used

Teaching strategy:

Show the students ice cubes, liquid water, and steam.

Ask: What form of water is ice? What happens when ice melts?

What happens to water when we boil it?

Explain the three states of water.

Ask: Why did the ice melt?

Why did water change into steam?

Explain that heat brings about the change, with reference to the chapter

on 'matter'.

Ask: What happens to water when we put it in the freezer. What happens to steam when we hold a cold plate near it? Explain that the change of state is brought about by cooling.

Ask: How do clouds form?

What are clouds? What is mist and fog?

What is snow?



Explain the presence of water vapour in the air, and the formation of clouds, mist, snow, etc.

Draw the water cycle on the board.

Ask: What happens to rainwater? Explain the formation of rivers and seas.

Ask: What is a spring?

What is a well?

How do we get water from a well?

Explain the collection of groundwater and how springs are formed. Show the water cycle by a diagram or chart.

Explain how a well is dug to reach the groundwater.

Ask: How do we use water?

Explain the uses of water in our daily lives.

Answers to Activities in Unit 6

1. a) Water

c) cooling

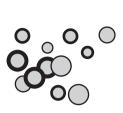
- b) Water can be changed from solid to liquid form by heating.
- c) Water can be changed from liquid to solid form by freezing.
- d) Clouds are made up of water vapor.
- e) The clouds that are formed near the ground on a cold night.
- f)Groundwater is rainwater that gathers in the spaces between rocks.
- 2. a) ice
 b) water vapour
 c) water
 f) snowflakes
 g) rain
 3. a) drinking
 b) watering
 c) fire fighting
- d) boating e) washing f) bathing 4. a) heating b) heating

d) cooling

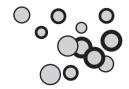
Unit 6 Water

Additional activity Choose the best answer:

CII	Choose the best answer.					
a)		s form of water				
	ice	water	steam	[steam]		
b)	High up in th	ne sky it is very		·		
	cold	hot	wet	[cold]		
c)	Water vapou	ır in the air cool	s down to f	orm	<u></u> .	
	ice	clouds	rain	[clouds]		
d)	Clouds that	are formed nea	r the groun	d are called	·	
	snow	fog	clouds	[fog]		
e)	When tiny di	rops of water in	the clouds	freeze they form	small shapes of ice	
	called	<u> </u>				
			Wa	ater vapour	[crystals]	
f)	The way tha	t water goes fro	m the sea	to the atmosphere	e and back again as	
	rain is called	d				
	water cycle	bicycle	rc	ock cycle	[water cycle]	
g)	Water that g	athers in the sp	aces between	een rocks is called	J	
	river water	sea wat	er g	round water	[ground water]	
h)	Ground water	er can come ou	t of holes a	nd cracks in the g	round to make	
	a	·				
	well		f	ountain	[spring]	
i) [Deep holes d	lug in the groun	d to reach	ground water are	called	
	springs	fountai	ns v	vells	[wells]	
j) V	Nater can be	changed from	ice into ste	am by	·	
	heating	cooling	ϵ	evaporation	[heating]	







Force

Objectives:

To know what force is

To know that force can move things

To know that force can change the direction of moving things

To know that force can bend things

To know that force can stretch things

To know that force can break and tear things

To know what work is

To know that work needs energy

To know the different kinds of energy

To know the different sources of energy

To know what friction is

To know the advantages of friction

To know the disadvantages of friction

To know ways to reduce friction

Teaching strategy:

Tell a student to lift a chair, to lift a heavy bag, to push a table, to burst a balloon.

Ask: What were you doing?

Were you pushing or pulling?

Explain that pushes and pulls are called force.

Explain the things force can do with examples from the book.

Ask: What is work?

Do you get tired when you work?

Can you work if you are hungry?

Explain that pushes and pulls are work.

Unit 7 Force

When we work we need energy.

Explain that energy is a force.

We get energy from food.

A machine needs energy.

Plants need the Sun's energy.

Ask: How does a steam engine move?

How do fans and motors move?

Explain the various sources of energy and how they are used to move things.

Tell students to rub their hands together.

Tell them to rub their hands on the desk.

Strike a matchstick against the matchbox.

Ask: What happens when you rub things together?

Explain 'force of friction'.

Explain that a moving thing will continue to move on a smooth surface,

but if the surface is rough it will slow down and then stop.

Ask: Can you run on a slippery road?

Can you walk on ice?

Explain the advantages of friction.

Ask: What will happen if you rub two pieces of metal together? Explain the disadvantages of friction.

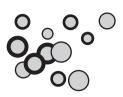
Ask: Have you seen a mechanic putting oil in a machine? Why does he do it? Explain that parts of a machine rub against each other. They become hot and they wear away. Oil makes the parts slide over each other easily, and so they do not wear away. Oil reduces the friction between the moving parts.

Answers to Activities in Unit 7

- 1. a) A force is a push or pull.
 - b) If we want to do something, we do it by pushing or pulling. When an object is moved to some distance it is called work.
 - c)The different kinds of energy are solar energy, heat energy, electrical energy, and light energy.
 - d) The force which slows down or stops a moving thing.
- e) Oil makes the parts slide over each other and there is less friction between them. Therefore we put oil to reduce friction. another way of reducing friction is by using ball bearing.



2.	a) energy d) Heat g) Friction j) friction	b) energye) Electricalh) friction	c) the Sun's f) Solar ene i) hot	rgy
3.	a) electrical energy c) heat energy		b) light energy d) heat energy	
Α	dditional activi	ty		
CI	noose the best ans	wer:		
a)	When we are push	ning or pulling sor	mething we are usir	ng .
•	=	pressure	-	[force]
b)	When an object is	pulled through fo	or some distance we	e call it
		ressure		[work]
c)	The force that we	need to do work i	s called	
	force p	ressure	energy	[energy]
d)	The energy from the	ne Sun is called_		
	solar energy e	electrical energy	sound energy	[solar energy]
e)	Heat energy come	es from	·	
	burning things	power stations	wind	[burning things]
f)	Steam engines us	e	energy to make the	em move .
	electrical	heat	light	[heat]
g)	Electrical energy of	comes from	·	
	the Sun	burning things	power stations	[power stations]
h)	Light energy helps			
	see things	hear sounds	move things	[see things]
i)	The force, which pu	ulls objects towar	ds the Earth, is call	ed
	electricity	gravity	energy	[gravity]
j)	Washing machines	use	energy to wash	clothes.
	solar	electrical	heat	[electrical]







Heat

Objectives:

To know that heat makes us feel warm

To know the sources of heat

To know the use of heat

To know that heat is a kind of energy

To know that we get energy from the food that we eat

To know that the movement of molecules produces heat

To know that fast molecules produce more heat

To know that heat brings about a change in state

To know that thermometers can be used to measure heat

Teaching strategy:

Ask: What do you feel when you sit in front of a heater?

Where do we get heat from? Explain the sources of heat.

Ask: How do we use heat?

Explain that heat is very useful in our daily lives. It is also used to make

machines move.

Explain that energy is a kind of force, which helps us to do work.

Ask: How do we get energy?

Show the students a chart of foods that give energy.

Ask: What did you eat for breakfast? Which food has the most energy? Explain the use of food in our body.

Refer to the chapter on Matter. Ask: What is matter made up of?



Explain that molecules are always moving. Moving molecules become hot. Explain that hot molecules move faster than cold molecules.

Ask: Why does ice melt?

Explain that heat makes the molecules move faster, and they bump into each other at a faster rate. They are pushed away from each other and a solid changes into a liquid. In the same way, water changes into steam.

Ask: How does water change into ice?

Explain that cooling the molecules has an opposite effect. The molecules slow down, they come closer and the water changes into ice.

Ask: How does a doctor check to see if you have fever or not? Show the students a thermometer.

Draw a thermometer on the board and label it.

Explain that the mercury inside goes up if something is hot, and comes down if the thing is cold.

Dip a laboratory thermometer in cold water and in hot water and show the students the level of the liquid inside.

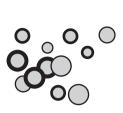
Answers to Activities in Unit 8

- 1. a) Heat comes from the Sun and burning things.
 - b) Heat keeps our bodies warm, helps us to cook food, and iron clothes.
 - c) The heat energy which keeps our body warm, comes from our food.
 - d)A thermometer is a closed glass tube that has bulb at one end filled with a liquid called mercury.

3. a) heat and d) water	light	b) energye) mercury	c) less		
Additional a	activity				
Choose the be	st answer:				
a) Heat is a kir	nd of				
force	work	energy	[energy]		
b) When molecules of a substance move fast they make it					
hot	cold	freeze	[hot]		

Unit 8 Heat

c) When ice is he	eated it melts beca	ause its mole	ecules start	moving
slower	 remain	still	faster	[faster]
d) When molecu	les are cooled the	ir movemen	t	and
they move clo	ser to each other.			
slows down	becomes fast	remains	the same	[slows down]
e) We use an ins	strument called a _		to	find out how hot
something is.				
anemometer	barometer	thermo	meter	[thermometer]
f) The bulb of a	thermometer is fill	led with		
water	mercury	oil	[mercury]	
g) The normal bo	ody temperature o	f the human	body in de	grees Fahrenheit
is				
98.6	100.6	102.6	[98.6]	
h) A steam engir	ne moves due to _			
cold	heat	ice	[heat]	
i) When a thermo	ometer is dipped in	nto somethir	ng warm, th	e liquid inside
	<u>_</u> .			
falls	rises	stays the s	same	[rises]
j) The energy that	at keeps our body	warm come	s from	·
fire	food	fuel		[food]







Light

Objectives:

To know that the Sun gives o heat and light

To know that burning things give o heat and light

To know that the Moon does not have its own light

To know that the Moon reflects sunlight

To know reflection of light

To know that reflection of light helps us to see things

To know that light travels very fast

To know that light travels in straight lines

To know 'refraction' of light

To know how shadows are made

To know the size and position of shadows made by the Sun

To know how things appear coloured

To know the colours of white light

To know how a rainbow is formed

Teaching strategy:

Ask: Where does the Earth get light from?

How do we get light in our houses?

Explain the sources of light.

Ask: What do we see in the sky at night?

Does the Moon shine as brightly as the Sun?

Explain the reflection of sunlight from the Moon.

Shine a torch on a mirror.

Explain the reflection of light and how it helps us to see things

Ask: What happens when we switch on a light in a room?

Explain that light travels very fast.

Unit 9 Light

Perform the experiment given in the lesson.

Explain that light travels in straight lines called rays.

Dip a ruler in a beaker of water.

Ask: Is the ruler straight?

Explain refraction of light.

Hold a book in the beam of a torch.

Explain the formation of a shadow.

Tell children to make shadows with their hands.

Move the torch backwards and forwards.

Explain that the size of shadows changes with distance.

Take the students outside.

Tell them to see their shadows.

Explain the formation of shadows at different times of the day according to the position of the Sun.

Ask the students colours of various things.

Ask: What is the colour of white light?

Explain the colours of white light.

Draw a rainbow on the board.

Allow a beam of light to pass through a prism.

Show the seven colours of white light.

Explain how coloured objects reflect and absorb various colours of white light.

Explain why white objects appear white and black objects appear black.

Ask: When do you see a rainbow in the sky?

Explain the formation of a rainbow after a rain.

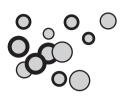
Answers to Activities in Unit 9

- 1. a) We get light from the Sun.
 - b) The Moon gets light from the Sun.
 - c) The bouncing-off of light from a shiny object is called reflection.
 - d) Rays are the straight lines that light travels in.
- 2. a) light b) Moon c) reflection d) fast e) long
- 3. A guitar



Additional activity

Choose the best	answer.			
		shiny objects is calle		
		dispersion		
b) When light fro	m a shiny object	falls on something,	the	light tells
us its size, sl	hape, and colour.			
refracted	reflected	shining	[reflected]	
c) Light can trave	el from the Moon	to the Earth in less	than a	
second	minute	hour	[second]	
d) Light travels ir	n straight lines ca	lled		
rays	tracks	lines	[rays]	
e) The bending o	of light when it pa	sses through water	or glass is called	
·			-	
reflection	refraction	dispersion	[refraction]	
f) We can see th	ne colour of thing	s because they	light.	
		refract -		
g) A tomato look	s red because it a	absorbs all the othe	er colours of white light	ght and
• /			·	
		red	[red]	
h) A black object	looks black beca	ause it	all the colours of	white
light.				
•	reflects	mixes	[absorbs]	
	colou		[
	5		[7]	
	_	eir	r. 1	
homes	_	flowers	[food]	
11011100	1000	11044010	[1004]	







Soil

Objectives:

To know that the Earth is covered with a layer of soil

To know where plants grow

To know what soil is made of

To know what a fertile soil is

To know why plant roots are important for soil

To know the kinds of soil

To know the properties of different kinds of soil

Teaching strategy:

Ask: Where do plants grow?

Do many plants grow on mountains?

Do many plants grow in hot dry places?

Where do most plants grow?

Explain the layer of soil on the Earth.

Explain why many plants do not grow in places where there is less soil.

Explain what a fertile soil is and why many plants grow on it.

Ask: What is soil made up of?

Perform the experiment in the lesson and show the various particles of

soil that have separated out.

Ask: What do plants need to grow healthy and strong? Why does a gardener add fertilizer to the garden soil?

Explain the importance of humus in the soil.

Ask: What will happen to the soil if we pull out all the plants growing in it?

Explain the importance of roots in preventing erosion of soil.

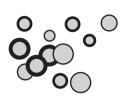
Explain the structure of the three types of soil on the basis of soil particles.



Ask: Which do you think is the best type of a soil for plants to grow in? Explain the composition of loam, and why it is the best type of soil for plants.

Answers to Activities in Unit 10

b)T c)	clay and rem The remains If we cut dov away by wind Sandy soil, d	of many diffenains of dead plants of dead plants on trees, the street. It will not report soil, Fertil best kind of so	plants and a s and anima soil can easi main fertile a e and loam.	inimals. ils in the s ly be was any more.	soil. hed away by	sand, water or blown
2. a)	Fertile soil	b) Cla	y soil	c) Sano	ly soil	d) Loam
3. a)		b) san	-	,		,
,		d) clay				
Add	itional act	ivity				
	se the best a	•				
			aver of			
air	r s	d with a thin la soil	water	[soil]	 I	
b)		plants grow i	n deserts ar	nd rocky r	laces.	
No)	Few	Many	(Fev	/]	
c) So	il is made fro	om		į, e,		
sa	and	om rocks	wood	[san	d]	
d) So	il is made up	o of	of diffi	ent sizes		
sto	ones .	o of particles	rocks	[par	ticles]	
		ad plants and				<u> </u>
hu	ımus	organisms	food	[huɪ	mus]	_
		I which has a				er is
ca	illed	 clay soil				
sa	indy soil	clay soil	loam	1	[sandy soil]	
		ery little air an				·
		clay soil				
	oil which is ar	mixture of san	d and clay I	s called	- 1	_·
		humus				
I) I ne	e best type o	f soil for plant: clay soil	S IS	<u> </u>	[] 1	
Sa :\ The	inay soli	clay soll	loan	∩ 	[loam]	م ما ام ممار
		of plants	can grow in	the crack	s of focks al	nu break
the		Ctomo	Da	ato.	[Dooto]	
LE	eaves	Stems	Roo	JIS	[Roots]	







The Sun and planets

Objectives:

To know what the Universe is

To know that the Universe has countless shiny bodies

To know what a star is

To know what a planet is

To know the names of the planets of our Solar System

To know how we learn about planets

To know about space travel

To know that planets spin on their axis

To know that planets go round the Sun in fixed paths

To know the characteristics of the planets

Teaching strategy:

Ask: What do we see in the sky during the daytime?

What do we see at night?

Can you count the stars?

Show the students a picture of the Universe.

Explain its vastness.

Explain the types of shiny bodies in the Universe.

Ask: Are all the shining bodies stars?

Explain the difference between a star, a planet, and the Moon.

Show a chart of the Solar System or make a diagram on the board.

Write the names of the planets.

Explain the rotation of planets and their paths around the Sun.

Ask: Which is the hottest planet?

Which is the coldest?

Which is the smallest?

Unit 11 The Sun and planets

Which is the biggest?

Which has the most number of moons? Which has rings around it?

Explain the characteristics of each planet.

Ask: Can you see planets in the sky?

Explain that Venus can be seen as the 'evening star'.

Mars looks like a red star.

Answers to Activities in Unit 11

1. a) S	some of	the shin	/ bodies	are stars.	comets.	meteors.	asteroids,	and	planets
---------	---------	----------	----------	------------	---------	----------	------------	-----	---------

- b) All the bodies in the vast space make up the Universe.
- c) A star is a big ball of burning gases.
- d) A planet is a body that moves around the Sun.
- e) An orbit is the path a planet follows around the sun.
- 2. a) space crafts or spaceships b) astronauts c) spacesuit d) air e) oxygen
- 3. Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune, pluto
- 4. a) Mercury b) Venus c) Earth d) Mars e) Jupiter f) Uranus g) Neptune h) Pluto i) Saturn

Additional activity

Choose the best answer:

a) Stars,	asteroids,	and planet	s are found i	n the	vast space	called

sky	space	universe	[universe]
b) Stars app	ear to be dim bed	ause they are	<u> </u>
very sma	all very far	very cold	[very far]
c) Planets a	re bodies that mo	ve around the	·
Sun	Moon	Earth	[Sun]
d) The plane	et closest to the S	un is	
Mercury	Venus	Earth	[Mercury]



e) The planet	triat rias mountain	ns and plains ai	ild is aimost as big as the Earth	13
Mercury	 Venus	Mars	[Venus]	
f) Mars is cal	led the	planet .		
red	blue	green	[red]	
g) Jupiter is the	ne	planet .		
smallest	largest	coldest	[largest]	
h) The number	er of moons aroun	d Saturn is		
51	18 57	60	[18]	
i) The planet	which has many r	ings and moons	s is	
Mercury	Venus	Uranus	[Uranus]	
j)	is a planet that	has 2 moons a	and it takes 165 days to go arour	ıd
the Sun on	ce.			
Saturn	Uranus	Neptune	[Neptune]	

Sample lesson plan

Topic		knowledge	egi		
Force	Time	objectives	skills	Plan activity time	Resource material
`force`	40 min	To know what force means	Understand the meaning and effects of force.	Previous knowledge: 5 min. Discussion: 20 min. Activity: 10 min. Q/Ans: 5 min.	Objects such as atoy car, wind-up toy, a ball, arubber band, plasticine, prece of wire, etc.
work`	40 min	To know what work means To know the relation between force and work	Explain that work needs some kind of force. Energy is needed to do work.	Previous knowledge: 5 min. Discussion: 20 min. Activity: 10 min. Q/Ans: 5 min.	A toy crane A pulley system A swing
Different forms of energy	40 min	To know what energy means To know the different forms of energy	Explain that different kinds of energy and their source. Understand that gravity is a force of nature.	Previous knowledge: 5 min. Discussion: 20 min. Activity: 10 min. Q/Ans: 5 min.	Candle, a fan, match-box, a toy cart Chart of different kinds of energ
friction		To know what 'friction' is To know the effects of friction and ways friction to reduce	Understand that friction is caused by rubbing. Explain the useful and harmful effects of friction and how they can be reduced.	Previous knowledge: 5 min. Discussion: 20 min. Activity: 10 min. Q/Ans: 5 min.	Send paper, match-box, marbles
Assessment tasks	t tasks	Homework		Teacher' evaluat	Teacher' evaluation of the lesson
Q.1 and 2		Q.3 and 4		The student understand the terms, force, wand energy. They can explain the relation between force, work, and energy. They can demonstrate the effects of friction and ways overcome its hormful effects.	The student understand the terms, force, work, and energy. They can explain the relation between force, work, and energy. They can demonstrate the effects of friction and ways to overcome its hormful effects.



1. Answer the following questions:
a) What are herbivores? Name three.
b) What are the 5 classes of animals with backbones?
c) What are wells?
d) How can friction be harmful?
e) Describe molecules in solids, gases and liquids.
2. Fill in the blanks: a) In animals, food is stored as a layer ofunder the skin. (fat) b) The body of an insect has a head, a thorax and a (abdomen) c) The carpel hasorwhich become seeds. (eggs, ovules) d) Acan change intoby cooling. (liquid, solid) e) All objects fall to the ground because of (the force of gravity) f) Remains of dead plants and animals in soil are called (humus) g) The Sun and it's planets make up the (Solar system) h) Plants grow in soil. (fertile) i) We can see the colour of things because they light. (reflect)
3. Name the following: a) b) Solve the following:



c) _____

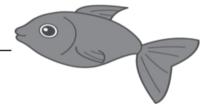


d)



4. Label the following:





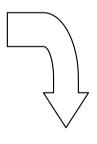
b)



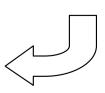














- 1. a) Herbivores are animals that only eat plants. Cows, mice, horses and rabbits are herbivores.
 - b) Animals with backbone are divided into birds, mammals, amphibians, reptiles and fish.
 - c) Wells are deep holes dug in the ground to reach groundwater.
 - d) Friction wears out things over time.
 - e) Molecules in solids are very close together, but are not very close together in liquids and are very far away from each other in gasses.
- 3. a) Well
 - b) Wind-vane
 - c) Thermometer
 - d) Shadow
- 4. a) 1. Eye, Mouth, Fin, Tail
 - B) Cooling, Cooling, Heating, Heating



Answers:

1. Food gives the	ne body energy	y to grow and to st	tay healthy. Energy	keeps their
bodies movi	ng and working	g.		
2. a) water	b) Food	c) herbivores	d) carnivores	e) omnivores
3. a) feathers	b) a beak	c) have babies		
6. a) apple	b) coconuts			
7. Matter is made	de up of molec	ules.		

- 8. a) Tb) Fc) T9. We can measure changes in pressure by using an instrument called a
- 11. a) groundwater b) spring c) wells12. Oil makes the parts slide over each other, and there is less friction between them.
- 14. a) bend
 - b) stretch

barometer.

- c) break
- d) tear
- e) direction
- 15. Heat can change the state of things.
- 16. Thermometer
- 17. Red, violet, green, indigo, blue, yellow, orange
- 18. a) fertile b) clay c) sandy



Notes			
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